Post Office Department, Canada, Ottawa, November, 1917.

NEWS ITEM TO THE PRESS

In co-ordination with the new scheme instituted by the British Government all parcels from Canada to Officer Prisoners of War interned in Germany or Austria-Hungary containing foodstuffs, on and after January 1st, 1918, can only be accepted for onward transmission by the Postal Service if they bear a "coupon" issued by the Prisoners of War Department, Canadian

Red Cross Society, London, England.

Under the new arrangement the amount of food-stuffs which may be sent to an Officer Prisoner of War during four weeks must not exceed one hundred pounds. Of this total the Prisoners of War Department of the Canadian Red Cross will send to each interned Canadian Officer including those attached to other than Canadian units not less than six ten pound parcels each four weeks. The remaining forty pounds of foodstuffs per four weeks may be sent personally by relatives in Canada, but each parcel must bear a coupon which can be obtained on application from the Prisoners of War Department, Canadian Red Cross Society, London, England.

The right to send food parcels to an Officer Prisoner of War rests with the next of kin, but may be transferred by the latter or by the Prisoner of War himself to any person. It is advisable that application should be made to the Prisoners of War Department, Canadian Red Cross Society, London, England, for the necessary coupons for parcels packed personally at the

earliest possible moment.

These coupons are to be used on food parcels only and no coupons can be issued for amounts under ten pounds. If, therefore, it is desired to despatch a parcel weighing less than ten pounds an ordinary coupon must be used and the parcel counts as one of the four permissible in four weeks.

Articles may not be sent to any Society for enclosure in any parcel despatched under the Red Cross label.

The importance of guarding against any misuse of the label cannot be too strongly emphasized. Such action would not only harm the Prisoner to whom the parcel was addressed but would react on other Prisoners and might endanger the whole system of despatching the food supplies to Officers and men who have fallen into the hands of the enemy.

Parcels for Officers interned in Bulgaria and Turkey come under the new scheme. Owing, however, to the difficulties of postal communication, it is not advisable to send many parcels to Officers in Turkish camps. Supplies can be purchased in Asia Minor and it is better to remit money to the Prisoners rather than send many parcels.

This new scheme relates only to parcels containing foodstuffs for Officer Prisoners of War interned in enemy countries and does not effect in any way the present regulations governing the transmission of parcels to Prisoners of War other than Officers, which regulations remain unchanged.

The needs of Officer Prisoners of War holding commissions in the Imperial Army are looked after by the Central Prisoners of War Committee, 4 Thurloe Place, London, S. W., England. This Committee will supply the necessary coupons to the next of kin of these Officers for parcels addressed to them which are packed personally.



No man is born into the world whose work Is not born with him; there is always work, And tools to work withal, for those who will; And blessed are the horny hands of toil!

-Lowell.

A pilot's part in calms cannot be spy'd,
In dangerous times true worth is only tri'd
—Stirling.

Without And Within.

If every man's internal care Were written on his brow, How many would our pity share Who raise our envy now?

The fatal secret when revealed, Of every aching breast, Would prove that only while concealed Their lot appeared the best.

-Selected.

That is a good book which is opened with expectation and closed with profit.—Alcott.

Ah! who can tell how hard it is to climb the steep, where Fame's proud temple shines afar.—Beattie.

That was a good prescription given by a physican to a patient: Do something for somebody.—Faber.

Love is a boy by poets styl'd: Then spare the rod and spoil the child.

_Butler.

Those who are most faulty are most prone to find fault with others.—Card Manning.

Some praise at morning what they blame at night, But always think the last opinion right.

-Pope.

No matter what his rank or position may be, the lover of books is the richest and the happiest of the children of men.—Langford.