## St. Dunstan's Red and White

Ex eodem fonte fides et scientia

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## MORE EASTER RHYTHMS "The Resurrection of the Body"

Lift up your hearts, now, You sad ones, You sorrowful And toiling. And hear, The Lord's true-word, His message of joy: For truly our Lord says When the sky sags And the dazed world Down-stumbles From its worn groove, And flaming up-dances All the seaways like pitch And the shrill urging horn Sends its note to the dead, Then lo! the bright wonder! Saint Bede says, the Venerable, That bleached bones From bodies Neat-packed And stone-labelled Under earth-heap, Maggot-sifted, Worm-snuggled And yearlong unsinewed, Unjointed, In unsocial heap lying,-In these last days, (Tho' blindly,) (God's-plan-led) Are collecting To the careful slow mustering,

For the magic re-weaving Of nerve-warp, Of subtle, fine fabric-The housing of new-flesh. Then Suddenly At trumpet's Note striking Springs body: "Ictu," Saint Paul says In eye's twinkling; Ho! Bursting From the dull womb Of dead matter; And the long-waiting Eager soul, Remembering, Embraces With instant informing And vital Warm pulsing The new body, New-leaping from the dead.

Light, O, and swallow-swift
The new body,
Beyond all decaying refashioned
In glory,
Dazzling,
Designed for sweet comfort,
For endless abiding with angels,
In the blissful,
In the gay
Seats of Heaven:
Richest rewarding
Of the true ones
Who kept God's commandments.
But see!

But see!
Dark shadows
Of damned souls,
Hot-hurled to burnt bodies:
Companions that here trod the sinways
And thought no accounting;

Ugly,
Cursing,
In despair,
See them now go burning,
Soul and body burning,
Blasted,
Whirling
Down to hell!
From God's judgment seat the wicked
Razed, in sobbing rows go cursing,
Blistered feet go treading,
Two-and-two lock-stepping
Down to hell.

Ponder now These grim sights With profit: The plight Of God's mockers In this kingdom; Then return To bright bodies Your gaze; And lift up your hearts With new hoping: For Christ said, Our Saviour, He'd raise up believers On the last day— God's covenant beyond all reneging; Renew The bright body All gleaming Of the children who kept His commandments.

Then lift up your hearts,
All you sick ones,
You withered and wasting,
Low-laid
And limb-shattered;
Imagine
The integral beauty
That awaits your poor body
Now in anguish:
O sharp is the sorrowing

Of flesh
That in youth finds a death-bed,
Reluctant to die
Ere its blooming:
O, fear not,
For full-grown
And flower-ripe
The new body
Will in strength
Romp eternal
In the light
Of God's watching.

Then lift up your hearts All you sad ones, You sorrowing: Forsee the bright body Preserved Against anguish And heaviness And heartache, And sheltered From grim cold And gaunt hunger:
For Christ goes before us New risen In spotless Bright body-Our fair pledge Of redemption, Of resurrection In joy.

-A. P. C

## THE CANADIAN SEMINAR, II.

As you know, I was privileged to be a representative of Saint Dunstan's at the second International Summer Seminar held in Breda, The Netherlands. From my experiences there, I gained many impressions, leading to some conclusions that might prove interesting and valuable to us as students interested in the trend of