

The Charles Dalton Sanatorium.

THE history of the gift to the people of Prince Edward Island, of the Charles Dalton Sanatorium, by Sir Charles Dalton, the Island's most generous and public spirited citizen, is too well known to need repetition here.

The funds having been provided by Sir Charles, the following men were entrusted with the task of selecting the site for, and erection of the necessary buildings :—

Sir Charles Dalton, President ; Hon. S. R. Jenkins, M. D., W. F. Tidmarsh, Hon. J. E. Wyatt, Hon. J. A. McDonald, and D. A. MacKinnon, Secretary.

Both the site, construction and equipment of the Sanatorium are thoroughly in accord with the most modern conception of Pulmonary Tuberculosis and its treatment.

The tract of land upon which the buildings are situated is in Lot 65, about $1\frac{3}{4}$ miles from North Wiltshire Station, has an altitude of between three and four hundred feet above sea level, and consists of about fifty acres ; forty of which have been under cultivation.

A delightful grove of maple, beech, birch and spruce, covering about ten acres, stretches along the northern side of the property, and the sanatorium buildings are placed just to the south of this grove.

Well protected on the north by the grove, and overlooking beautiful as well as fertile hills and valleys to the south, a more artistic setting could not well be imagined.

Briefly, the Sanatorium consists of a central administration building, two pavilions connected with the central building by means of covered walks, a power plant and ice house.

Built and equipped entirely at Sir Charles' expense, the Sanatorium was informally opened for the reception of patients during the month of May 1916.

At first, both civilians and soldiers were admitted for treatment, but owing to insistent demands, through-

out the Dominion, for increased accomodation for tuberculous soldiers, it was deemed necessary to devote the Sanatorium exclusively to the treatment of the latter, as long as the demand should exist.

There are accomodations for twenty eight patients and every bed is kept occupied.

A full working staff is maintained, and consists of the Medical Superintendent, Matron and Superintendent of Nurses, three Trained Nurses, a Staff Sergeant for maintaining discipline among the soldiers, Vocational Instructor whose duty it is to help the men fit themselves for some vocation after they leave the Sanatorium, 1st. and 2nd. Cooks, Engineer and Fireman, Farmer etc.

Previous to the opening of the Dalton Sanatorium there was no place on the Island where adequate treatment for Pulmonary Tuberculosis could be given. Those needing such care were obliged to go to the mainland. Gradually, there had come to be a deep rooted belief that there could be no relief without going away.

In the minds of most of the Island people, a foreign climate was the *sine qua non*.

Climate is an important but not an indispensable weapon in the fight against tuberculosis,—and it remains for the Dalton Sanatorium to demonstrate the truth that those suffering from this disease may recover their health in our own climate, provided, only, that they live and work under sanitary conditions and keep their bodies well nourished.

By demonstrating, not only once but many times, the feasibility of getting well and keeping well in our own climate, our people will gradually awaken to the fact, that if these things can be done *in a sanatorium*, they can, likewise, be accomplished *in their own homes*.

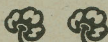
Patients who have been benefited by sanatorium treatment will go to their homes in various parts of the Island, carry with them the lessons they have learned, and be, in their respective neighborhoods, veritable apostles of this newer conception of living.

Once they are made to see what can be done in the prevention and cure of Pulmonary Tuberculosis, they

will not be slow to apply this knowledge in their homes and ere long we shall see the result in better homes to live in and better living in the homes, and less tuberculosis in consequence.

If Sir Charles' splendid gift will be instrumental in awakening our people to the full possibilities of the prevention and cure of tuberculosis, not only in the Sanatorium but in their own homes, it will be worth a thousand fold what it has cost to construct, or what it will cost to maintain it.

There is every reason for believing that it will be.



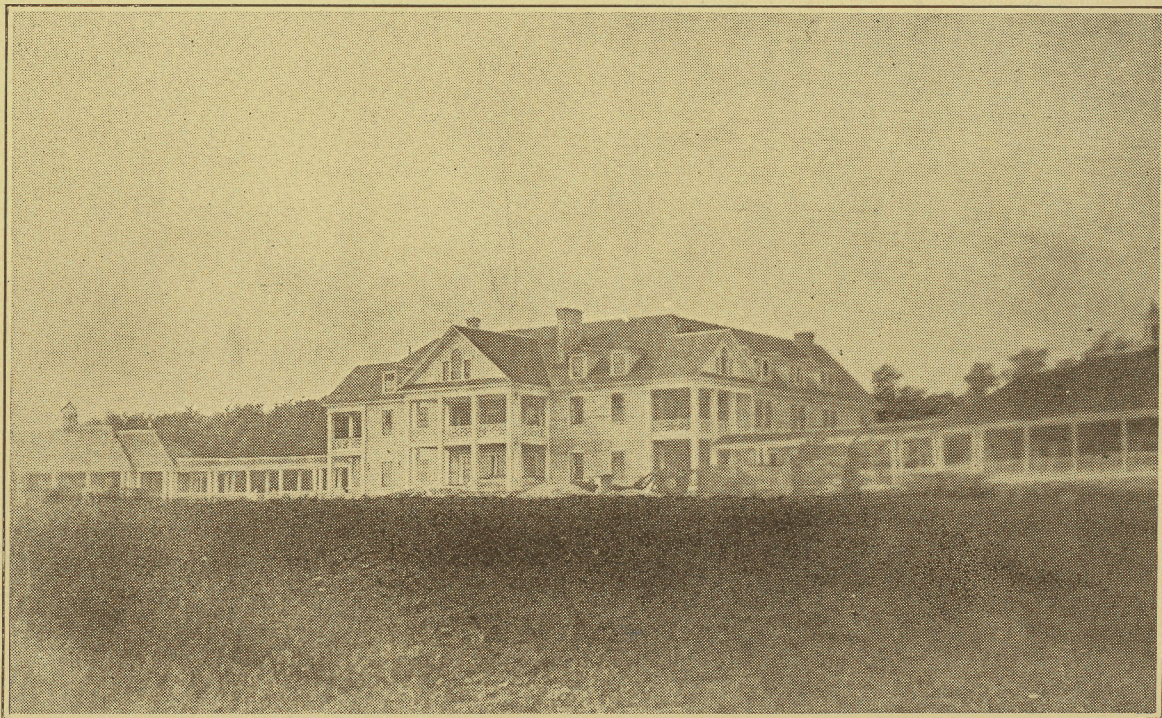
Esau filled his life with regret for trifling one day; Esther was full of glory for one day's courage. Peter slept an hour and lost a matchless opportunity; Mary's name is fragrant forever for the loving deed of a day. Do your best now.—Maltbie D. Babcock.

The deepest, bitterest cry of many a heart is : "Nobody cares for me." There are hosts of men and women ready to give in, who could go bravely on if somewhere a little bit of love awaited for them to keep the heart warm.—Mark Guy Pearse.

We are tested by our duties. We do not begin to realize how much depends upon our faithfulness in the common days. To fail in our testing is to come unready to great crises.—J. R. Miller.

Service brings to man happiness that rises above comfort or discomfort, happiness that triumphs over physical pain, happiness that is the food of the soul.

Difficulties are absolutely nothing to the man who knows that he is on the mission on which God has sent him.—F. B. Meyer.



The Dalton Sanatorium, Emyvale, Lot 65.